

Temp Newsletter Winter 2009 Edition

OCCUPATIONAL HEALTH & SAFETY



Please remember **if you are aware of any safety issues** big or small that may affect you or your colleagues, please immediately contact:

Helena Carey on **8201 1133** or **0417 788 489**.



OHS - ON SITE CLIENT INDUCTION

When you start an assignment, the Client is required to provide you with a site and task specific induction. This induction should include a general induction to the people you will be working with and the facilities available to you, fire/evacuation/emergency procedures/first aid facilities and first aid officer.

The client is also to ensure that you are aware of any hazards which may be present, together with the safe operating procedures of any plant machinery or equipment you are required to use. **DO NOT** operate any plant machinery or equipment without being fully inducted / instructed on the safe operating procedures.

Never be afraid to approach your manager, supervisor or Locher consultant if you have any questions!

HEARTY CHICKEN & VEGETABLE SOUP

- > 2 tablespoons olive oil
- > 1 leek, halved, washed, thinly sliced
- > 2 garlic cloves, crushed
- > 1 large carrot, peeled, diced
- > 2 sticks celery, diced
- > 2 small zucchini, diced
- > 1 swede or turnip, peeled, diced
- > 1 1/4 cups dry soup mix, rinsed
- > 8 cups chicken stock
- > 1kg skinless chicken lovely legs

1. Heat oil in a large saucepan over medium heat. Add leek and garlic. Cook, stirring, for 2 minutes or until soft but not coloured. Add carrot, celery, zucchini and swede. Cook for 2 minutes. Stir in soup mix, stock, chicken and 1 cup cold water. Increase heat to high. Bring to the boil.
2. Reduce heat to low. Simmer, partially covered, stirring occasionally, for 1 hour or until soup mix and vegetables are tender.

Remove chicken legs from soup. Allow to cool slightly. Remove meat from bones. Roughly chop chicken meat and add to soup. Season with salt and pepper. Ladle soup into warmed bowls. Serve. (Serves 6)



SWINE FLU



As a valued employee of Locher, we would like to keep you up to date on the important health issue of the swine flu pandemic you would no doubt have seen across our news reports of late. We have included some information below from our parent company, Rubicor Group, in relation to the current status, advice and relevant measures below.



CURRENT ADVICE AND MEASURES

The advice we currently have is that until more is known, international travel "ought to be avoided", with specific reference to the USA, NZ and much of Europe. NZ has been identified at this time given there are a number of New Zealanders being tested for the disease. Some of you may have leisure travel plans that include these geographies. We recommend taking a cautious approach at this stage, and in the event of further escalation we will communicate again with more detailed advice and guidance.

In the event you undertake leisure travel to any of the geographies above we are requiring that before returning to work you undertake a medical examination. This is to ensure your safety, your family's safety and that of your colleagues in the workplace.

It is important that you are provided with appropriate personal hygiene facilities and it is an obligation to ensure you are provided with ready access to washing facilities and soap. Please let us know if your workplace is lacking in any of these areas.

CONTACT THE TEMP TEAM ON 8201 1133



JADE MAY
Govt Sector Consultant
jadem@locher.com.au



AMANDA WALKER
Govt Sector Consultant
amandaw@locher.com.au



HELENA CAREY
Account Executive
helena@locher.com.au



RACHEL ROGERS
Corp Consultant
rachelr@locher.com.au

NOT FEELING WELL?



If you are sick please contact your Consultant and let them know as soon as possible. They will contact the client for you so you can get back to getting better. Our switchboard is opened from 8am Monday to Friday and an answering machine after these hours so you can leave a message if you are up early!

INTERNET USAGE

Under no circumstances are you to surf the internet whilst on assignment.

Please leave this to the week-end...

